

Tasteful Gourmet Eateries!

Wicklow Way Farm and Artisan Kitchen, located off the shores of Lake Ontario near Colborne, is a certified organic farm and gourmet food studio. Farm owner Elaina Asselin is an acclaimed chef and Toronto migrant to the area who offers gourmet catering services using produce grown on the farm. The farm has **over 200 varieties of tomatoes**, including many rare heirloom varieties. Throughout the season the tomatoes and other heirloom vegetables can be purchased as plants, at the farm gate shop, through the farm's 16-week food box program and in the dishes cooked in the gourmet farm studio. Workshops take place through the growing season on the farm and range from tutored tomato tasting to how to prepare your own herb teas. Visit them at the farm, or at wicklowway.ca.



Wicklow Way Farms, Colborne

The charming village of Warkworth has become a hub for foodies. Sprucewood's handmade savoury cocktail shortbreads and dessert shortbreads have won national acclaim with its products featured in the **Olympic Pavilion at the Vancouver 2010 Olympic Games!** Sprucewood's mini cookie factory is housed in Warkworth's former Masonic Hall and its cookies are distributed to over 300 stores nation-wide. The Cara Mia bakery located in Warkworth specializes in prepared foods, pastries, cookies, and cakes, by maintaining high quality and value in their goods. Many products come from international borders such as Italy, and Eastern Europe, while also using local Ontario suppliers. For more information, please call 705-924-2551. In Cobourg you can find chocolatier Darren Johns who produces chocolates which are as exquisitely beautiful as they are delicious, in his small studio in the heart of downtown. Each of the chocolates is a unique **edible piece of art** with an array of colours and unique flavours. Mercury Chocolates supplies restaurants, fine food shops, inns and wineries throughout Northumberland County and across Ontario. Make an appointment and get a sense for yourself of this artisan process! mercurychocolates.com.



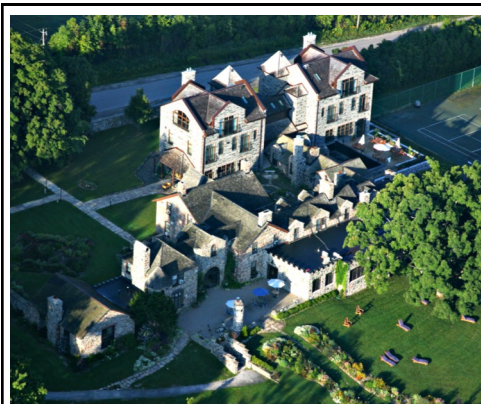
Mercury Chocolate, Cobourg



Oak Heights Estate Winery, Warkworth

Northumberland's First Winery

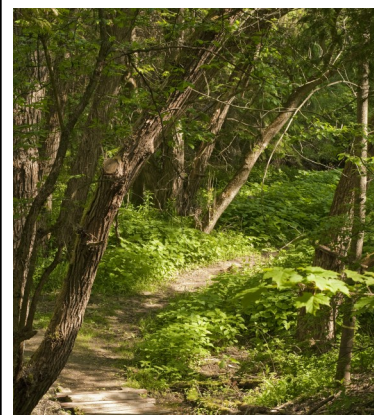
Oak Heights Winery is a **must-stop for lunch on a Northumberland County tour**. Come and enjoy a nice calming winery experience at the tasting bar, while taking in the view. This new winery sits high among the Trent Hills, overlooking Warkworth. Lunch is prepared with fresh local produce, and is created to compliment a tastefully selected wine. Oak Heights Winery is also known for its elegant weddings, and special events. Check the winery's website for hours of operation and to book your tour of the winery. Visit oakheights.ca.



Ste. Anne's Spa, Grafton

Voted Top Spa in Canada

Enjoy some rest and relaxation at the number one spa in Canada, and one of the top 100 spas worldwide: Ste. Anne's Spa in Grafton. Visit the Main Inn, a beautiful building that has combined a restored 1857 fieldstone castle with a new wing of guest rooms. Enjoy cathedral ceilings, private decks and spectacular views of the Northumberland Hills and Lake Ontario in the "Ontario Cottages" that are located near the Main Inn and nestled across 500 acres of scenic, rolling countryside. Ste. Anne Spa offers more than 35 spa treatments that revitalize and soothe your mind and body. Visit them at steannes.com or by calling 1-888-346-6772 to book your stay.



Extension on Oak Ridges Trail

As a result of an **extension of the Oak Ridges Trail** in Northumberland, you can now hike through the county all the way to Warkworth. The trail spans the whole distance of the Oak Ridges Moraine, beginning in Mono Mills northwest of Toronto and ending in the northeast part of Northumberland County. The extension cuts through the Northumberland Forest, through a huge raspberry patch and uphill to the pinnacle of an old ski hill. Enjoy learning about local historical sites such as the abandoned farming hamlet of Russ Creek with its pioneer cemetery. Further along you can take the Oak Heights side trail for a visit to the Oak Heights Winery for lunch or an afternoon wine tasting. You can also take an extension of the trail south to the quaint village of Castleton to see its heritage buildings, including an 1870 general store with original counters and display cases intact. For more information on hiking the Oak Ridges Trail, visit oakridgestrail.org.

Media Contact:

Eileen Lum

lume@northumberlandcounty.ca
905-372-3329 or 1-800-354-7050 ext.2237

Visitor Enquiries:

Northumberland Tourism
600 William St. Cobourg ON K9A 3A5
1-866-401-3278
NorthumberlandTourism.com
info@northumberlandtourism.com

Northumberland County Welcomes Cyclists

For those who are inclined to explore Northumberland County the carbon neutral way, Northumberland Tourism has recently partnered with the Welcome Cyclists Network to develop our county as a hub for cycle tourism. Dovetailing with Northumberland County's Cycling Master Plan to improve bike lanes and the cycling routes throughout the county, the program connects cyclist-ready businesses and facilities. One of Northumberland's Welcome Cyclists members, Loughbreeze Bed & Breakfast features **Northumberland's first cycling hostel**, which is located South of Colborne on Lake Ontario, just off the Waterfront Trail. Budget rates are available for up to ten cyclists. All of the requirements of a biking enthusiast are made available: bike tune ups, bike tools, secure bike storage, and if inclined- guiding services of nearby cycling routes. Visit Loughbreeze B&B at loughbreezebay.com or call Northumberland Tourism for a list of other cyclist-friendly accommodations.



Try Northumberland's Zany Road Rally

Have a go at Northumberland Tourism's zany Road Rally! The rally's thirty-five clues take you through historic Northumberland County hamlets, past long-standing general stores and bakeries, local farm fresh producers, and artisan studios. The Road Rally clues are in the *Northumberland County Driving Tours* brochure available from the county's tourism office. The brochure contains many themed tours such as "Countryside Treat", "Skirting Rice Lake", "Cobourg's Heritage and Rice Lake Views" and many more! Visitors are sure not to miss any of the unique history and attractions that Northumberland has in store! 1-866-401-3278 or NorthumberlandTourism.com/driving_tours .



Interpretive Centre at Presqu'ile Provincial Park in Brighton

Buffalo Safari Tour

Century Game Park has a dynamite **buffalo safari tour** offered by Rod Potter, a 5th generation farmer and Northumberland County poet. Rod breeds buffalo and Rocky Mountain Elk on his 200 acre farm in the Northumberland Hills outside of Warkworth. Rod's farm has been in his family since 1837. A half ton open-ended truck fitted with old bus seats serves as the tour bus. Rod drives it to the highest point of land on the farm where his 40- head buffalo herd is often found chomping on native grasses. Rocks pitched on to a huge pile by generations of Rod's family serve as a writer's rock for Rod to write his poetry. This Northumberland scene is incredibly peaceful. All you hear is the wind, and the sound of buffalo munching the drumlin grasses. Tours are very reasonably priced. Rod's buffalo and elk steaks, sausage, etc., are served in Toronto and finer restaurants across the county.



Outdoor Adventures in Northumberland County

Northumberland Tourism has a new Outdoor Adventure Map available for visitors. Over 20 trail networks (include one of Ontario's longest trails, the 500 km Ganaraska Hiking Trail), five best cycling routes, bird watching, golf and public fishing spots are all highlighted on the map, including a geocaching link. Order your free copy of the map by calling 1-866-401-EAST (3278) or go to NorthumberlandTourism.com/outdoor.



Lavender & Lilacs Forever

Lavender and lilacs are sweeping Northumberland County. Lavender is not only growing in the fields but is being processed into a variety of products right here at several new operations: Cuttle Cottage Farm (Grafton), Lavender Hills (Brighton), and Scott's Barn (Grafton). While lavender is generally used for beauty products and its aroma, Cuttle Cottage demonstrates the diverse uses of the herb, from natural soaps and essential oils to teas and their scrumptious lavender shortbread. On the second weekend in July, Scott's Lavendar Barn gives patrons the opportunity to learn about the different varieties of lavender as well as the production process and the chance to try **lavender ice cream!** Lilac season starts in early May and can be noticed throughout the beautiful rolling hills in the county. Warkworth holds a annual Lilac Festival, showcasing over 700 unique varieties of lilacs. The festival features jazz concerts, gardening presentations, and lilac inspired foods for breakfasts and lunches. More information on a driving tour featuring lilacs can be found on Northumberland Tourism's webpage, or by visiting warkworthlilacfestival.ca.

Sandy Flat Sugar Bush, Warkworth



Annual Events

Since its debut in 2004, the **Shelter Valley Folk Festival** has won national acclaim for the way in which it exemplifies its vision of "Grassroots, Community, Culture". In 2010, **the festival was voted one of the ten best in Canada out of hundreds in a CBC Radio Three Searchlight Contest!** The festival is almost entirely run by an army of dedicated volunteers and features an incredible line up of music, an artist's village and a focus on sustainable living, wellness and a friendly family-oriented atmosphere. The **Warkworth Maple Syrup Festival** is held the second weekend in March, when the days are getting longer, spring is just around the corner and the sap is running to make maple syrup. Enjoy horse drawn sleigh rides, tasting syrup on snow and of course pancakes and sausages with fresh maple syrup! Come to historic downtown Port Hope for **Old Tyme Christmas** this season and be transformed back in time. All the windows in the shopping district are decorated in an old fashioned theme for the holidays. Merchants dress in Victorian costumes to celebrate this magical time of year! Drop by the Capitol Theatre in Port Hope and view over 75 beautifully decorated trees (available for raffle) at the Festival of Trees, and enjoy many other festivities! Dubbed the Biggest and Best Rodeo in Eastern Ontario, the Warkworth Western Weekend demonstrates how the west was won. Young men and woman compete in the craft of the Old West. Visit the calendar of events at northumberlandtourism.com/events .



Warkworth Western Weekend

Eco- Stay Accommodations

Earthwalk Eco Education Centre and Bed & Breakfast in Colborne offer a retreat package in a sustainable living centre. Relax and feel rejuvenated with one of their natural health and wellness programs. Earthwalk also offers training workshops illustrating resources and techniques about sustainable living and healthy eating. Enjoy the nature trails, green demonstrations or an Eco-Experience Program that allows hands on educational opportunities. To book a stay or school tour, visit ecoeearthwalk.ca.

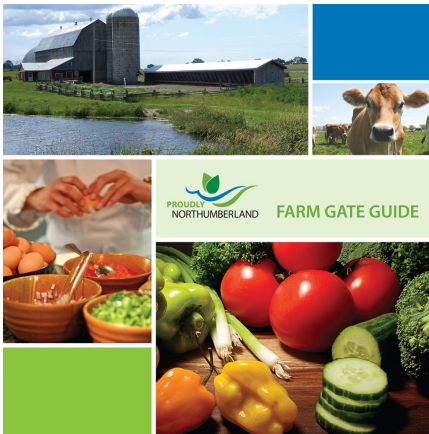


Island Spirits, Rice Lake

Island Spirits is a new eco destination on Grasshopper Island, Rice Lake. Off the grid, the 25 acre island has two cabins with lofts. One sleeps up to six and is perfect for a group of friends. The other is a beautiful honeymoon cabin with loft and upper deck. Both have magnificent views of the lake and are comfortably furnished. They include simple indoor and outdoor kitchens, and outdoor BBQs. In the middle of the island is a solar-heated outdoor shower along with two newly-built outhouses and a sand volleyball court. Eco-kayak and canoe tours are also available. Adding to the island's "green" charm is a **shy herd of sheep which keep the island grasses in check**. Visit them at islandspritsricelake.ca .



Visit any one of Northumberland's beautiful gardens



Proudly Northumberland

Northumberland County has caught the "localvore" craze. Meats and produce, as well as yummy desserts made in the region are featured in local dining haunts, and there are plenty of annual food-related events like Warkworth's Long Lunch. The County has created the Proudly Northumberland brand to identify locally -produced foods and a booklet, the *Northumberland Farm Gate Guide* sources everything from lamb and beef to homemade pies, organic chickens, asparagus, strawberries, pumpkins and squash. Call us for a copy or go online at NorthumberlandTourism.com/farmgate.



Northumberland's NEW Family Fun Touring Map

Northumberland is full of fun things for families to do! The *Family Fun Touring Map* explores the county through three themed tour routes — *Just Keep Swimming*, *Treat Your Taste Buds*, and *Look, Listen, Learn*— **highlighting kid-friendly attractions and accommodations**. This colourful and interactive map is fun for the whole family as they discover everything that Northumberland County has to offer! Try filling a day with one of the tours and packing a lunch, or simply set up camp at one of the many "hot spots" and relax! For your free copy, visit NorthumberlandTourism.com/familyfun, or call 1-866-401-EAST (3278).